



Sophia High School Annual Retreat 2024

Come, let us bow down in worship, let us kneel before the Lord our Maker; for he is our God and we are the people of his pasture, the flock under his care.

— Psalm 95:6-7

Annual Students Retreat on

27th July , Saturday.

7:45 a.m. – 1:20 p.m.

**Conducted by -
Redemptorist Pastoral Year Fathers**

Sophia High School Annual Retreat, 27.07.2024

Schedule



Time

Program

7:45 am – 8:00 am

Attendance

8:00 am – 8:10 am

welcome

8:10 am – 8:40 am

Praise and Worship

8:40 am – 8:50 am

Dividing the Group

Std. 9 -12 - Mater Hall

Std. 5-8 – Duchesne Hall

8:50 am – 10:00am

Session - 1

10:00am – 10:20am

Break

10:20am – 11:20am

session – 2

11:20am – 11.30 am

Preparation for adoration

11:30am – 12:00noon

Adoration

preparation for Eucharist

12:05 pm – 12:40pm

Holy Eucharist

Vote of Thanks

1:30 pm

Dismissal

